

## Pre-Nursery Pack

### Ideas:

- Sharing books with your child
- Singing rhymes (see enclosed sheet)
- Mark-making (can use enclosed booklet)
- Playing in water (bath time is good for this)
- Role-play (with items found around the house)
- Using pans, wooden spoon and other household items to make music
- Making playdough and then playing with it(see recipe below)

### Playdough:

2 mugs of plain flour

$\frac{1}{2}$  mug of salt

Water (with food colouring if required)

Put flour and salt into a bowl. Add water gradually stirring into the mixture with a spoon. When all water has been added use hands to mix until it forms a dough. If mixture is too sticky add more flour. If it is not forming a dough add more water. Once in a dough it is ready to play with. Store in an airtight box or bag.